

## NRS Rescue Wet Suit Sizing Chart

<b>SIZE</b>	<b>HEIGHT</b>	<b>WEIGHT</b>	<b>CHEST SIZE</b>	<b>WAIST SIZE</b>
<b><u>Small</u></b>	5'2" - 5'6" (157-167 cm)	100-130 lbs (45-59 kg)	32-36" (81-91 cm)	28-31" (71-78 cm)
<b><u>Medium</u></b>	5'5" - 5'8" (165-172 cm)	125-160 lbs (56-72 kg)	36-40" (91-101 cm)	30-33" (76-83 cm)
<b><u>Large</u></b>	5'7" - 6'0" (170-182 cm)	150-190 lbs (68-86 kg)	39-43" (99-109 cm)	32-35" (81-89 cm)
<b><u>X-Large</u></b>	5'10" - 6'2" (177-187 cm)	180-205 lbs (81-92 kg)	42-46" (106-116 cm)	34-37" (86-93 cm)
<b><u>XX-Large</u></b>	6'1" - 6'4" (185-193 cm)	195-220 lbs (88-99 kg)	46-50" (116-127 cm)	36-40" (91-101 cm)
<b><u>XXX-Large</u></b>	6'3" - 6'5" (190-95 cm)	215-230 lbs (97-104 kg)	49-52" (124-132 cm)	40-43" (101-109 cm)